

WSTD 2025

World Schema Therapy Day

'A day to share knowledge , exchange ideas, build bridges and foster collaboration '

An Online Programme on the 7th November 2025

Egypt & Arab Countries Programme



Egypt & Arab Countries Programme

Day Saturday 8th November

- **10:00 - 10:45 - Efficacy and effectiveness of Schema Therapy with the chronic Disorders**
 - Speaker:
 - Dr. Ahmed Hanafy, consultant clinical psychologist, trainer, and supervisor ISST
- **11:00 - 12:00 - Cultural and cognitive beliefs as parent modes: A Cross-cultural dialogue on Schema Therapy in middle eastern contexts**
 - Speakers:
 - Dr. Nehal Abdelazim (Advanced schema therapist, psychiatrist and psychotherapist.
 - Dr. Ahmed Hanafy, consultant clinical psychologist, trainer, and supervisor ISST
- **12:15 - 13:15 - Schema Therapy in Arab Contexts: A Panel Discussion on Clinical Practice**
 - Speakers:
 - Dr. Mohamed Abdelwareth, specialist psychiatrist, and psychotherapist, schema therapy- under supervision.
 - Dr. Ghada Sedik, specialist psychiatrist, and psychotherapist, schema therapy- under supervision.
 - Dr. Marwa Ayad, Specialist psychiatrist, and psychotherapist, schema therapy- under supervision
 - Amira Al Aqad, clinical psychologist, and psychotherapist, schema therapy- under supervision

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- **13:30 - 14:30 - Schema Therapy for Adolescents and children in Arab contexts, pannel discussion**
 - Speakers:
 - Reem Said, clinical psychologist for Adolescents, schema therapy - under supervision
 - Nourhan Abdellatif , clinical psychologist for Adolescents, schema therapy - under supervision
 - Dr. Thuryia Ahmed, specialist psychiatrist, and psychotherapist for adolescents and children, schema therapy- under supervision
- **15:00 - 15:45 - Schema Therapy Egypt: Shaping Training and Education in the Arab World**
 - Speakers:
 - Dr. Ahmed Hanafy, consultant clinical psychologist, trainer, and supervisor ISST
 - Dr.Wafaa Abdellatif, clinical psychologist, schema therapy- under supervision
- **16:00 - 17:00 - Schema Therapy in Egypt and the Arab World: Past, Present, and Future**
 - Speakers:
 - Christoph Fuhrhans/CH,
 - Sherein Abdeen/Pal,
 - Mera Abdelmalek/EG,
 - Nadine Akl/Leb,
 - Manal Alkurdi/Jord,
 - Magda Emara/EG,
 - Mervat Sabery/EG,
 - Hoda Taher/EG

All of the program will be online to can be easy access for all the 22 Arab countries via zoom link below:

[Egypt & Arab Countries Programme Zoom link](#)