

# WSTD 2025

World Schema Therapy Day

## Portugal Programme



WSTD 2025



DRA. VAMESSA ELETHERIO

*"Between Memory and Imagination:  
Imagery Interventions in Schema Therapy"*

12:00 P.M | 12:30 P.M.



DRA. ALICE BORDALO

*"Couples Therapy Based on  
Schema Therapy"*

12:30 P.M | 13:00 P.M.



DRA. EDIJANE COSTA

*"Integrating Schema Therapy and EMDR for  
the Treatment of Complex Trauma"*

13:00 P.M | 13:30 P.M.



DRA. DANIELA CARVALHO ALVES

*"How I Explain to the Patient the  
Difference Between Schemas and Modes  
in Schema-Focused Therapy"*

13:30 P.M | 14:00 P.M.



DRA MARIA DO CÉU SALVADOR

*"(Self)Compassion in Schema Therapy:  
Strengthening the Healthy Adult in  
Therapists and Clients"*

14:00 P.M | 14:30 P.M.



DR. BRUNO FAUSTINO

*"Integration of Emotion-Focused Therapy and  
Schema Therapy: Emotion Categories and  
Interpersonal Dysfunctional Cycles"*

14:30 P.M | 15:00 P.M.



DR. ANDRÉ KOLB

*"Schema Therapy and  
Borderline Personality Disorder"*

15:00 P.M | 15:30 P.M.



Online - Free Event

Nov. 7th, 12:00–3:00 p.m. (GMT)



Held on Zoom



Registration - Instagram

@WSTDPortugal2025