

WSTD 2025

World Schema Therapy Day

'A day to share knowledge, exchange ideas, build bridges and foster collaboration'

An Online Programme on the 7th November 2025

Brazil Programme



WSTD 2025

World Schema Therapy Day



Brazil Programme

Day Friday, 7th of November 2025 Brasília Time (UTC-3)

100% Online – YouTube

Link: <https://www.youtube.com/watch?v=9TSOS1hciSc>

Brasília Time (UTC-3)

 @wstdbrazil2025

Besides the international program of this year's WSTD, we are proud to present a full Brazilian track as part of this global celebration.

The Brazilian National Programme will feature a full day of live lectures and discussions with leading Schema Therapists from Brazil.

The event will be broadcast live on YouTube and available for replay after the event.

Join us to explore how Schema Therapy is evolving in Brazil — integrating science, culture, and clinical innovation.

Check out the program below.

[Brazil Programme link](#)

WSTD 2025

World Schema Therapy Day

Brazil Programme



Day Friday, 7th of November 2025

12:45 PM — Official Opening

Ma. Renata Delgado, Esp. Giovana Antoline & Esp. Taciane Goto
Welcome and introduction to the national broadcast

1:00 PM — Opening Lecture

Dr. Ricardo Wainer
The Journey of Schema Therapy in Brazil

2:00 PM — Lecture

Dr. Renata Brasil
Dual Focus Schema Therapy for Technology Addictions

3:00 PM — Lecture **Dr. Vanessa Eleutério**

Between What Was Missing and What Remains: The Marks of Unmet Emotional Needs

4:00 PM — Lecture **Me. Rodrigo Trapp**

The Mode Model in Clinical Practice: Identification, Conceptualization, and Intervention

5:00 PM — Lecture **Esp. Ricardo Rodriguez**

Schema Therapy in Borderline Personality Disorder

6:00 PM — Lecture **Me. Gustavo Azpiroz**

Schema Therapy for Anxiety Disorders

7:00 PM — Lecture **Ma. Jacqueline Leão**

Between Modes and Change: The Healthy Adult as a Guide

8:00 PM — Lecture **Esp. Adriana Lenzi Maia**

Satisfaction in Romantic Relationships from a Schema Therapy Perspective

9:00 PM — Closing Lecture **Me. Leonardo Wainer**

State of Evidence in Schema Therapy: Paths for the Evolution of the Approach

[Brazil Programme link](#)