

WSTD 2025

World Schema Therapy Day

'A day to share knowledge , exchange ideas, build bridges and foster collaboration '

An Online Programme on the 7th November 2025

Egypt & Arab Countries Programme



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY



Egypt & Arab Countries Programme

Day Saturday 8th November

- ◆ **10:00 - 10:45** - Efficacy and effectiveness of Schema Therapy with the chronic Disorders
 - Speaker:
 - Dr. Ahmed Hanafy, consultant clinical psychologist, trainer, and supervisor ISST

- ◆ **11:00 - 12:00** - Cultural and cognitive beliefs as parent modes: A Cross-cultural dialogue on Schema Therapy in middle eastern contexts
 - Speakers:
 - Dr. Nehal Abdelazim (Advanced schema therapist, psychiatrist and psychotherapist.
 - Dr. Ahmed Hanafy, consultant clinical psychologist, trainer, and supervisor ISST

- ◆ **12:15 - 13:15** - Schema Therapy in Arab Contexts: A Panel Discussion on Clinical Practice
 - Speakers:
 - Dr. Mohamed Abdelwareth, specialist psychiatrist, and psychotherapist, schema therapy- under supervision.
 - Dr. Marwa Ayad, Specialist psychiatrist, and psychotherapist, schema therapy- under supervision
 - Amira Al Aqad, clinical psychologist, and psychotherapist, schema therapy- under supervision

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- **13:30 - 14:30** - Schema Therapy for Adolescents and children in Arab contexts, pannel discussion
 - Speakers:
 - Dr. Thuryia Ahmed, specialist psychiatrist, and psychotherapist for adolescents and children, schema therapy- under supervision
 - Nourhan Abdellatif , clinical psychologist for Adolescents, schema therapy - under supervision
 - Reem Said, clinical psychologist for Adolescents, schema therapy - under supervision

- ◆ **15:00 - 15:45** - Schema Therapy Egypt: Shaping Training and Education in the Arab World
 - Speakers:
 - Dr. Ahmed Hanafy, consultant clinical psychologist, trainer, and supervisor ISST

- **16:00 - 16:45** - “How Schema Made My Day”: Experiences from 7 Years of Schema Therapy Training in Egypt and the Arab World
 - Speakers:
 - Dr. Christoph Fuhrhans, M.D., Psychiatrist and Psychotherapist, ISST Certified Trainer/Supervisor /Switzerland, with:
 - Sherein Abdeen, MMH, Mental Health Practitioner / Palestine
 - Mera Abdelmalek, Expressive Arts Therapist/ EG
 - Manal Alkurdi, MSc in Clin. Psychology and Clin.Pharmacist/Jordan
 - Dr. Magda Emara, PhD, Psychotherapist / EG
 - Dr. Sherine Ramzy, PhD, Clinical Psychologist, Ass. Prof. AUC / EG
 - Dr. Mervat Sabery, PhD, Clinical Psychologist, ISST-certified ST / EG
 - Hoda Taher, Clinical Psychologist, Master’s Researcher / EG
 - Nadine Akl, Clinical Psychologist and Artist / Lebanon

 - *All under finished or current Schema Therapy Supervision*

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All of the program will be online to can be easy access for all the 22 Arab countries via zoom link below:

[Egypt & Arab Countries Programme Zoom link](#)