

Ukraine Programme

Day Friday, 7th of November 2025 start 14:00 Kyiv time (-1 CET):

14:00 - 14:15 Kyiv time- **Welcome Address by ISST Vice President Daryna Rakhubovska**

14:15 - 15:00 Kyiv time- Schema Therapy – an internationally recognized, evidence-based, integrative and highly effective approach of psychotherapy. Open interactive lecture .

Speaker:

Khrystyna Zhyvaho, PhD MD, psychiatrist, psychotherapist, ISST Supervisor and Trainer, National Certification Coordinator for Ukraine. Ukrainian institute of Schema Therapy

15:15-16:15 Kyiv time - Combining ACT and Schema Therapy in Practice. Workshop.

Speaker:

Oksana Martsyniak-Dorosh, PhD, Director of “Academy of CBT” (Ukraine), CBT Supervisor and Trainer, Schema Therapist

16:30 - 18:30 Kyiv time - Emotional Overeating as a Response of the Vulnerable Child”. Group schema therapy, example of working with the Inner Critic in a therapeutic group

Speakers:

Natella Dubashidze, medical psychologist, advanced certified Schema therapist, Vice-President of the Ukrainian Association of Neuropsychology (UANP).

Nataliia Rubel, PhD, psychologist, certified Schema therapist, academic secretary of the Ukrainian Association of Neuropsychology (UANP).

18:45 - 19:45 Kyiv time - First Steps in Using Body-Oriented Practices in Schema Therapy. Workshop with translation into Ukrainian

Speakers:

Marsha Blank, LCSW, ISST Supervisor and Trainer, Brooklyn Schema Therapy Center, USA

Khrystyna Zhyvaho, PhD MD, psychiatrist, psychotherapist, ISST Supervisor and Trainer, National Certification Coordinator for Ukraine

WSTD 2025

World Schema Therapy Day



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Day Friday, 7th of November 2025 start 14:00 Kyiv time (-1 CET):

20:00 - 21:00 Kyiv time- Dysfunctional Schemas Hindering the Adaptation of Adult Forced Migrants During the War: Opportunities of Schema Therapy for Building a New Life Through Learning a Foreign Language. Workshop

Speaker:

Valentyna Petrenko, psychologist, certified Schema therapist, Founder of the psychological support program for migrants “Living On”

Ukraine Countries Programme

[Register, to receive a certificate of attendance](#)

We look forward to seeing you online!

The Main Track of WSTD 2025 is hosted and organized by the International Society of Schema Therapy (ISST).

Contact: ✉ [ISST Event Manager – event.manager@isst-schemasociety.org](mailto:event.manager@isst-schemasociety.org)

🌐 **Official website: www.schematherapysociety.org**